3rd KTPH Shoulder Cadaveric Course
All About The Rotator Cuff

29 & 30 June 2019

In Partnership with
Singapore Shoulder and Elbow Society

Course Details

Day 1 - 29 June (Lecture & Surgery Demo)
Khoo Teck Puat Hospital (KTPH)
Auditorium, Tower B, Level 1

Day 2 - 30 June (Practical)
The Academia @SGH
20 College Road, Singapore 169856.
The Academia, Basement 1, Procedure Skill Lab 1B & 1C
Course Director

Adjunct Assistant Professor Tan Chung Hui James
Head of Department, Senior Consultant
Department of Orthopaedic Surgery & Sports Medicine Centre
Khoo Teck Puat Hospital

Deputy Course Director

Dr. Teo Wei Wen Timothy
Consultant
Department of Orthopaedic Surgery & Sports Medicine Centre
Khoo Teck Puat Hospital
Overseas Faculty

**Associate Professor Teruhisa MIHATA**
Director, Shoulder and Elbow Surgery
Director, Sports Medicine
Director, Biomechanics laboratory
*Osaka Medical College*
*Japan*

**Associate Professor Jae Chul YOO**
Secretary General, Korean Shoulder & Elbow society (KSES)
Professor
Shoulder & Sports Medicine
Department of Orthopaedic Surgery
*Samsung Medical Center*
*Seoul, South Korea*

**Associate Professor Dr. Med. Bancha CHERNCHUJIT**
Head of Department
Department of Orthopaedic Surgery
*Thammasart University Hospital*
*Thailand*
Adjunct Associate Professor LEE Keng Thiam
Head of Department, Senior Consultant
Department of Orthopaedic Surgery
Tan Tock Seng Hospital

Adjunct Assistant Professor ONG Kee Leong
Senior Consultant
Department Orthopaedic Surgery
Changi General Hospital

Assistant Professor Ruben MANOHARA
Consultant, Division of Musculoskeletal Trauma
Consultant, Division of Shoulder and Elbow Surgery
Department of Orthopaedic Surgery
National University Hospital
Local Faculty

**Dr. Eileen TAY**  
Director, Shoulder & Elbow Service  
Consultant, Department of Orthopaedic Surgery  
Ng Teng Fong General Hospital

**Dr. CHEW Chee Ping**  
Consultant  
Department of Orthopaedic Surgery  
Sengkang General Hospital

**Dr. Kuo Chung-Liang Thomas**  
Consultant  
Department of Orthopaedic Surgery  
Changi General Hospital
Programme
# 3rd KTPH Shoulder Cadaveric Course

## All About The Rotator Cuff

### Program

**Day 1: 29 June 2019 Saturday**

<table>
<thead>
<tr>
<th>Time (hrs)</th>
<th>Schedule</th>
<th>Speaker</th>
<th>Venue</th>
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<tbody>
<tr>
<td>0730 to 0800</td>
<td>Registration</td>
<td></td>
<td>KPTH Learning Foyer</td>
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<td></td>
<td>Tower B Level 1 Learning Centre</td>
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<tr>
<td>0800 to 0815</td>
<td>Welcome Address</td>
<td>James TAN</td>
<td>Auditorium</td>
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<tr>
<td>0815 to 0915</td>
<td><strong>Session 1</strong>&lt;br&gt;Basic Science, role of biologics and adjunct procedures</td>
<td><strong>Moderator</strong>&lt;br&gt;Thomas KUO</td>
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<tr>
<td></td>
<td>• Natural history of rotator cuff tear</td>
<td>Timothy TEO</td>
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<td></td>
<td>• Outcome of rotator cuff tear repair: Are we getting better?</td>
<td>Kee Leong ONG</td>
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<td></td>
<td>• The role of biologic augmentation in rotator cuff repair in 2019</td>
<td>Chee Ping CHEW</td>
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<td></td>
<td>• Suprascapular nerve decompression</td>
<td>Jae Chul YOO</td>
<td></td>
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<td></td>
<td>• Adhesive capsulitis and rotator cuff tear</td>
<td>Eileen TAY</td>
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<td></td>
<td>Questions and Answers Session</td>
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<tr>
<td>0915 to 1000</td>
<td><strong>Session 2</strong>&lt;br&gt;Subscapularis and partial thickness Supraspinatus tears</td>
<td><strong>Moderator</strong>&lt;br&gt;Eileen TAY</td>
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<tr>
<td></td>
<td>• Diagnostic and surgical approach to Subscapularis tears</td>
<td>Jae Chul YOO</td>
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<tr>
<td></td>
<td>• Approach to bursal-sided Supraspinatus tears</td>
<td>Keng Thiam LEE</td>
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<td></td>
<td>• Strategy for treating PASTA lesions</td>
<td>James TAN</td>
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<tr>
<td></td>
<td>• Partial-thickness Rotator Cuff Tears in University Baseball Player</td>
<td>Teruhisa MIHATA</td>
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<td></td>
<td>Questions and Answers Session</td>
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<tr>
<td>1000 to 1030</td>
<td>Tea Break</td>
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<td>Learning Centre Foyer</td>
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<tr>
<td>1030 to 1130</td>
<td><strong>Session 3</strong>&lt;br&gt;Medium and Large tears&lt;br&gt;• Single row versus double row repair&lt;br&gt;• Managing poor tissue and bone quality&lt;br&gt;• Superior capsule reconstruction for reinforcement of arthroscopic rotator cuff repair&lt;br&gt;• Revision repair of rotator cuff repair</td>
<td>Moderator&lt;br&gt;Kee Leong ONG</td>
<td>Auditorium</td>
</tr>
<tr>
<td>1130 to 1230</td>
<td>Lunch</td>
<td></td>
<td>Learning Centre Foyer</td>
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<tr>
<td>1230-1330</td>
<td><strong>LIVE DEMO 1:</strong>&lt;br&gt;Repair of massive cuff tear&lt;br&gt;Instructor: Bancha CHERNCHUJIT</td>
<td>Moderator&lt;br&gt;Jae Chul YOO</td>
<td>Auditorium</td>
</tr>
<tr>
<td>1330-1500</td>
<td><strong>Session 4</strong>&lt;br&gt;Massive and Irreparable Cuff Tear&lt;br&gt;• Defining massive tears and irreparability: are we in agreement?&lt;br&gt;• My approach to massive antero-superior and postero-superior tears&lt;br&gt;• Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years’ experience&lt;br&gt;• Reconstructing the superior capsule using the biceps tendon&lt;br&gt;• Emerging role of the subacromial spacer&lt;br&gt;• Tendon transfers: primary or revision procedure?</td>
<td>Moderator&lt;br&gt;Timothy TEO</td>
<td>Auditorium</td>
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# 3rd KTPH Shoulder Cadaveric Course
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<td>1500-1530</td>
<td>Tea Break</td>
<td></td>
<td>Learning Centre Foyer</td>
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</tbody>
</table>
| 1530-1630  | **LIVE DEMO 2:** Superior Capsule Reconstruction with fascia lata  
Instructor: Teruhisa MIHATA | **Moderator**  
Bancha CHERNCHUJIT | Auditorium |
| 1630-1715  | **Session 5**  
**Cuff Tear Arthropathy and Reverse Shoulder Arthroplasty**  
- Tips and tricks on improving surgical outcome  
- Combined SCR and anatomical TSA as an alternative to RSA  
- Complications of RSA and how to avoid them  
- RSA: Current status and future challenges | **Moderator**  
James TAN | Auditorium |
| 1715-1730  | **Closing Remarks**  
**Group Photo** | James TAN | Auditorium  
Promenade (Lake) |
| 1730-1900  | **Pre-Course Dinner Refreshment** | Faculty and full course participants | |
| 1900-2200  | **Course Dinner** | Faculty & full Course Participants | |
# 3rd KTPH Shoulder Cadaveric Course
## All About The Rotator Cuff

### Program

**Day 2: 30 June 2019 Sunday**

<table>
<thead>
<tr>
<th>Time (hrs)</th>
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</tr>
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</table>
| 0740-0830  | Registration  
Introduction to CONMED and Exactech products                          |                               | SGH- The Academia Lab Reception Level B1   |
| 0830-0900  | **DEMO 1:**  
Double row rotator cuff repair                                              | Chief Instructor: James TAN   | Wet Lab                                    |
| 0900-1000  | **Practical 1**  
Double row rotator cuff repair                                              | Station Instructors           |                                            |
| 1000-1030  | Tea Break                                                                |                               | Lab Reception                              |
| 1030-1100  | **DEMO 2:**  
Inspace                                                                | Chief Instructor: Ruben MANOHARA | Wet Lab                                    |
| 1100-1130  | **Practical 2**  
Inspace                                                                  | Station Instructors           |                                            |
| 1130-1200  | **Practical 3a**  
Preparing fascia lata graft for SCR                                      | Quick Refresher  
Teruhisa MIHATA                |                                            |
| 1200-1230  | Lunch                                                                    |                               | Lab Reception                              |
| 1230-1400  | **Practical 3b**  
Superior Capsule Reconstruction                                            | Station Instructors           | Wet Lab                                    |
### Program

#### Day 2: 30 June 2019 Sunday

<table>
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<th>Time (hrs)</th>
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<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>1400-1430</td>
<td>DEMO \3: Reverse shoulder arthroplasty</td>
<td>Chief Instructor: Jae Chul YOO</td>
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</tr>
<tr>
<td>1400-1430</td>
<td>DEMO 3: Reverse shoulder arthroplasty</td>
<td>Chief Instructor: Jae Chul YOO</td>
<td></td>
</tr>
<tr>
<td>1430-1500</td>
<td>Tea Break</td>
<td></td>
<td>Lab Reception</td>
</tr>
<tr>
<td>1500-1630</td>
<td>Practical 4 Reverse shoulder arthroplasty</td>
<td>Station Instructors</td>
<td>Wet Lab</td>
</tr>
<tr>
<td>1630-1700</td>
<td>Closing Remark Certificates and Gifts Presentation</td>
<td>ALL</td>
<td></td>
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Day 1 (Lecture) 29 June 2019, Saturday

Khoo Teck Puat Hospital (KTPH)
Auditorium, Learning Centre, Tower B, Level 1.

Day 2 (Practical) 30 June 2019, Sunday

The Academia @SGH
20 College Road, Singapore 169856.
The Academia, Basement 1, Procedure Skill Lab 1B & 1C.

Direction Map

If you are driving:
Please note that there are no parking facilities within the building premises. Kindly refer to the following alternative public parking locations.

<table>
<thead>
<tr>
<th>Car Parks</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Macalister Rd Car Park H</td>
<td>End of Macalister Road, Bethel Multi-storey Carpark and Open Space Carpark are located behind Ministry of Health (Car Park H)</td>
</tr>
<tr>
<td>NHCS Car Park</td>
<td>Basement 1, 2 &amp; 3, National Heart Centre Singapore</td>
</tr>
<tr>
<td>HPB Car Park</td>
<td>Basement Carpark at Health Promotion Board</td>
</tr>
<tr>
<td>Car Park B</td>
<td>Opposite National Cancer Centre Singapore (under URA)</td>
</tr>
<tr>
<td>MOH Car Park</td>
<td>Behind Ministry of Health (MOH), public parking after 6pm, Mon to Fri and weekends (Car Park P)</td>
</tr>
<tr>
<td>Bowyer Block Car Park* (Valet)</td>
<td>In front of Bowyer Block (Beside Block 4) (Car Park C)</td>
</tr>
<tr>
<td>DMC Car Park* (Valet)</td>
<td>Behind Diabetes &amp; Metabolisms Centre (Car Park I)</td>
</tr>
</tbody>
</table>

*Carpark I & part of carpark C are designated as Valet Parking (weekdays 8am to 6pm); a $3 fee will apply for Valet Parking Services. The normal parking fees apply on top of the valet parking fees.

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