

# SINGAPORE SHOULDER AND ELBOW SOCIETY

## Singapore Orthopaedic Society



### Singapore Shoulder & Elbow Society Inaugural Elbow Arthroscopy Cadaveric Course (12<sup>th</sup> July 2018)

#### Programme

ASTC, National University Hospital, Singapore



Supporting healthcare professionals for over 150 years

## Course Description

### President

#### Singapore Shoulder Elbow Society



**Dr Denny Lie**

Senior Consultant  
Department of Orthopaedic  
Singapore General Hospital  
SINGAPORE

### Course Director



**Dr Andy Wee**

Senior Consultant Orthopaedic Surgeon  
Shoulder, Elbow & Arthroscopic Surgeon  
Pinnacle Orthopaedic Group  
Mount Elizabeth Hospital  
SINGAPORE

## Invited International Faculty



**Dr In-Ho Jeon**

Shoulder & Elbow Surgeon  
Department of Orthopaedic  
ASAN Medical Centre  
KOREA



**Dr Norimasa Takahashi**

Shoulder & Elbow Surgeon  
Funabashi Orthopaedic Sport  
Medicine Centre  
JAPAN

## Local Faculty



### Dr Brian Lee

Senior Consultant Orthopaedic Surgeon  
 Orthopaedic Associates  
 Mount Elizabeth Hospital  
 SINGAPORE



### Dr Andy Wee

Senior Consultant Orthopaedic Surgeon  
 Shoulder, Elbow & Arthroscopic Surgeon  
 Pinnacle Orthopaedic Group  
 Mount Elizabeth Hospital  
 SINGAPORE

This course is aimed at arthroscopic surgeons who are already familiar with basic arthroscopic shoulder and knee procedures, and are interested in improving and expanding their arthroscopic armamentarium and learning practical and theoretical knowledge of elbow arthroscopy. Participants should have experience in arthroscopy. Surgeons who are not already competent in shoulder and knee arthroscopy are discouraged from participating in this course. A good level of competency in English is required.

## Preliminary Program

### 12<sup>th</sup> July

8:00 – 8:30	Registration
8:30 – 9:00	Basics of Elbow Arthroscopy (Wee)
9:00 -10:30	<p><b>Session 1:</b> Elbow Arthroscopy (Anterior Compartment)</p> <ul style="list-style-type: none"> <li>- Portals; diagnostic scope; Developing a working space (Wee)</li> <li>- Tennis Elbow release (Norimasa)</li> <li>- Anterior Capsulectomy and Osteoplasty (Jeon)</li> </ul>
10:30 - 12:30	<p><b>Session 2:</b> Elbow Arthroscopy (Posterior Compartment)</p> <ul style="list-style-type: none"> <li>- Portals; Posterior Impingement Osteoplasty (Wee)</li> <li>- Ulnar nerve exploration (Jeon)</li> <li>- Addressing Osteochondral Lesions and plica arthroscopically (Norimasa)</li> </ul>

12:30 -13:30	Complications of elbow arthroscopy & how to avoid them (Norimasa)
13:00 - 1400	Lunch & Case Discussion (1 case per faculty)
14:00 - 16:30	<b>Session 3:</b> Open elbow soft tissue procedures <ul style="list-style-type: none"><li>- Distal biceps repair: single incision technique (Jeon)</li><li>- Distal biceps repair: double incision technique (Lee)</li><li>- PIN exploration and decompression (Wee)</li><li>- Palmaris longus harvesting &amp; MCL reconstruction (Norimasa)</li><li>- LCL reconstruction (Jeon)</li></ul>
16:30 -17:00	Expanding roles and future of elbow arthroscopy (Jeon)
17:00 - 1730	Case discussion (1 case per faculty) & Concluding Remarks

### 13<sup>th</sup> July

18:30 -21:30	<b>Post-Course Shoulder Dinner Symposium</b>
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### **Registration fee**

Fee: SGD 800

### **Course Venue**

Advance Surgical Skill Centre (ASSC)  
Level 2, National University Hospital  
Singapore

### **Hotel Information**

Carlton City Hotel  
1 Gopeng St,  
Singapore 078862

## Post Course Dinner Venue

OTTO Ristorante  
32 Maxwell Road #01-02/03  
Maxwell Chambers, 069115

## Smith & Nephew Contact

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