

**BASIC HAND SURGERY COURSE  
FOR DOCTORS AND NURSES  
19<sup>TH</sup> – 20<sup>TH</sup> OCTOBER 2018**



**Venue @ YCH – Day 1 (19/10)**

Level 1, Geri Seminar Room  
Yishun Community Hospital (YCH)  
2 Yishun Central 2, Singapore 768024

**Venue A@ KTPH – Day 2 (20/10)**

Experimental Lab, Level B1, Tower B (Cadaveric)  
Khoo Teck Puat Hospital (KTPH)  
90 Yishun Central Singapore 768828

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**LOCAL FACULTY**

<b>Dr. Rajaratnam Vaikunthan</b>	Senior Consultant, KTPH
<b>Dr. Darryl Chew</b>	Senior Consultant, SGH, KKH
<b>Dr. Mala Satkunanantham</b>	Consultant, TTSH
<b>Dr. Lim Jinxi</b>	Associate Consultant, NUH/NTFGH
<b>Dr. Soumen Das De</b>	Associate Consultant, NUH
<b>Dr. Muntasir Choudhury</b>	Associate Consultant, SGH
<b>Dr. Tong Pei Yein</b>	Senior Registrar, KTPH
<b>Dr. Robert Yap</b>	Associate Consultant, SGH
<b>Dr. Sanjay Bajaj</b>	Anaesthesia Consultant, KTPH

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This 2-day hands-on program will provide an overview of the basic hand surgery inclusive of Lectures, videos, case based discussion and hands on practical. Online resources will be made available for pre-reading. There will be twelve stations with fresh frozen cadaveric specimens. Two medical participants per station. Nursing staff to provide assistance and perform wound closure. Each station is equipped with basic Surgical Instruments and two sets of 3 piece micro instruments and loupes will be provided with a head light source.(full paying participants will receive these as complimentary items).

All doctors will be required to have attended Basic surgery course. All nurses will be required to have exposure to scrub for hand surgery cases

Learning Outcome:

At the end of this course participants will be able to

**BASIC HAND SURGERY COURSE**

- Understand the principles and practice of common hand conditions
- Select and prepare patients for common hand surgical procedures
- Confidently perform local and regional anaesthetics in the hand
- Confidently perform common hand surgery procedures on the cadaver

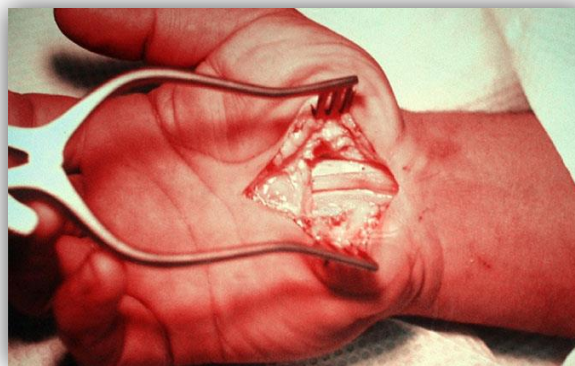
**Basic Suturing Course for nurses**

- confidently prepare and assist in basic hand surgical procedures
- describe various suture materials and techniques in hand surgery
- Confidently suture the skin using various surgical techniques in hand surgery

## 19th OCTOBER 2018, FRIDAY

### LECTURES (Basic Suturing Course for nurses)

- 11:00-11:20 Introduction to Suture Materials
- 11:20-11:40 Basic Suture Techniques
- 11:40-12:00 Handling instruments
- 12:00-12:20 Assisting in Hand Surgery
- 12:20-12:40 Preparing for Basic Hand Surgery



## 20th OCTOBER 2018, SATURDAY

### WORKSHOP

- 12:45-13:30 REGISTRATION
- 13:30-14:00 WELCOME
- 14:00-14:20 Functional Anatomy of the Hand
- 14:20-14:40 Hand Assessment
- 14:40-15:00 Principles of Hand Surgery
- 15:00-15:20 Blocks and Regional Anaesthesia in Hand
- 15:20-15:40 TEA BREAK
- 15:40-16:00 Tendinopathies and Entrapment Neuropathies
- 16:00-16:20 Nailbed / Fingertip Injuries
- 16:20-16:40 Case discussions
- 16:40-17:00 Feedback and Survey

- 08:00-08:30 INTRODUCTION
- 08:30-09:00 Trigger Finger Release
- 09:00-09:30 De Quervain's Release
- 09:30-10:00 Carpal Tunnel Release
- 10:00-10:30 TEA BREAK
- 10:30-11:00 Cubital Tunnel Release
- 11:00-11:30 Ganglion excision
- 11:30-12:00 Fingertip Injuries (FTSG)
- 12:00-12:30 V-Y Plasty
- 12:30-13:30 LUNCH BREAK
- 13:30-14:00 Cross Finger Flap
- 14:00-14:30 Reverse Cross Finger Flap
- 14:30-15:00 TEA BREAK

- 15:00-15:30 Mystery Injury
- 15:30-16:00 Homodigital Flap (optional)
- 16:00-16:30 Feedback and Survey
- 16:30-17:00 Wrap-up, Presentation of Certificates

### Course secretariat:

Mr. Toh Yew Chin  
[toh.yew.chin@ktp.com.sg](mailto:toh.yew.chin@ktp.com.sg)

Ms Agnes Chua  
[chua.agnes.lf@ktp.com.sg](mailto:chua.agnes.lf@ktp.com.sg)

Online Registration

<http://events.eventzilla.net/e/ktp-basic-hand-surgery-workshop--cadaveric-2138956391>

**Closing date: 21 September 2018**